



Tuolumne County Behavioral Health Advisory Board **(Minutes of the meeting of March 4, 2026)**

DRAFT

<u>2026 BHAB Membership</u>	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Ryan Campbell - BOS	X	Meeting Cancelled	X	-	-	-	-	-	-	-	-	-
Anaiah Kirk – BOS Alt	-		-	-	-	-	-	-	-	-	-	-
Mike Holland – BOS Alt	-		-	-	-	-	-	-	-	-	-	-
Cathie Peacock	X		X	-	-	-	-	-	-	-	-	-
Elizabeth Marum	-		A	-	-	-	-	-	-	-	-	-
Jenn Salazar	X		X	-	-	-	-	-	-	-	-	-
Maureen Woods	X		X	-	-	-	-	-	-	-	-	-
Sherry Bradley	-		X	-	-	-	-	-	-	-	-	-
Terry Ann Garcia	X		X	-	-	-	-	-	-	-	-	-
Valerie Shuemake	-		X	-	-	-	-	-	-	-	-	-
Blake Dolman	-		X	-	-	-	-	-	-	-	-	-

Present = ✓ Absent = A Excused = E Virtual Attendance = V 8 MHAB Members, 1 BOS Alternate

<u>Tuolumne County Staff in Attendance</u>
Lindsey Lujan, Deputy Director – Behavioral Health Department
Jenn Guhl- BHSA Agency Program Manager
Ryan Kramer- Staff Services Analyst II, Behavioral Health Department
Rayanne Tamayo- Outpatient Program Supervisor
<u>Others in Attendance</u>
Anna Britt Spears-Community Member
Nikki Hyske- Mastercare
Lisa Silva- Mastercare
Christoper Khan- The Refuge Recovery center

1. CALL TO ORDER

Board of Supervisors Behavioral Health Advisory Board Chair, Ryan Campbell, called the meeting to order at 4:03 pm.

2. ROLL CALL/INTRODUCTIONS

Eight members were present and accounted for at the time of roll call, completing a quorum for the Board. Those present were Ryan Campbell-District 2 Supervisor, Cathie Peacock, Maureen Woods, Jenn Salazar, Sherry Bradley, Terry Ann Garcia, Blake Dolman, Valerie Shuemake. Elizabeth Marum was not in attendance.

3. GENERAL PUBLIC COMMENT:

Members of the public may be heard on any item not on the Board's Agenda. A person addressing the Board will be limited to **three minutes**. Comments by members of the public on any item on the agenda will only be allowed during consideration of the item by the Board.

Community member Anna Britt Spears wanted to advocate for Mental Health and Wraparound services outreach to be offered for individuals at the Navigation Center. Supervisor Campbell requested this topic to be added for a future agenda item for the next advisory board meeting. So that the advisory board could explore how mental health services could be provided to various agencies in the county.

4. NEW BUSINESS

Members of the board wanted to thank Elizabeth Marum for her five years of service to the behavioral health advisory board. Elizabeth's membership expired March 30, and no application to renew her membership received. The board called an action to end her membership.

A motion was made by Valerie Shuemaker and seconded by Sherry Bradley to approve ending Elizabeth Marum's advisory board membership.

(Ayes: 6- Supervisor Campbell, Valerie Shuemaker, Terry Ann Garcia, Maureen Woods, Jenn Salazar. Abstentions: 0 Nays: 1-Cathie Peacock. Members Absent: 1-Blake Dolman (arrived late)

The board clerk of the Board of Supervisors will be notified of ending Elizabeth Marum's membership.

5. APPROVAL OF MINUTES

Cathie Peacock moved, and Maureen Woods seconded to approve the January 7, 2026, Meeting Minutes including edits from Maureen Wood's and Community Member Anna Britt Spear's suggested edits.

(Ayes:7-Supervisor Campbell, Cathie Peacock, Maureen Woods, Blake Dolman, Jenn Salazar, Valerie Shuemaker. Abstentions: 1-Sherry Bradley. Nays: 0 Members Absent: 1-Elizabeth Marum)

6. BEHAVIORAL HEALTH DIRECTOR'S REPORT

Lindsey Lujan, Quality Improvement Deputy Director discussed the jail and juvenile detention facility behavioral health services report. In California, an estimated 400,000 individuals are released from Correctional Facilities each year. Of these individuals, an estimated 80-90 percent are eligible for Medi-Cal. Formerly incarcerated individuals are more likely to experience poor health outcomes and they are also at higher risk for injury and death because of violence, overdose, and suicide compared to people who have never been incarcerated. Incarcerated individuals in California jails under active care for mental health issues rose by 63 percent between 2009 and 2019. As of 2019, 66 percent of people in California jails and prisons have a moderate or high need for substance use disorder treatment. Overdose death rates are more than 100 times higher in the two weeks after release from incarceration than for the general population. Prior to the Cal AIM initiative, BH services within the correctional settings were negligible. Tuolumne County Behavioral Health has a contractual obligation to

provide crisis response and safety cell intervention services at both the jail and juvenile detention facility. All other health-related services are delivered within the respective departments' roles and responsibilities. Since 2022, Tuolumne County Behavioral Health has intentionally expanded service delivery within both jail and jdf settings. This expansion was driven by research demonstrating that individuals leaving incarceration face a significantly increased risk of emergency room utilization, costly institutional care, and severe health consequences—including overdose and death—when they are not connected to outpatient services prior to release. Ensuring continuity of care for active clients who become incarcerated and increasing access to outpatient services were primary drivers of this effort. Behavioral health jail and jdf services involve the delivery of coordinated behavioral health services alongside medical and reentry supports while individuals are still incarcerated. Services are designed to engage individuals prior to release; assess mental health and substance use needs; initiate treatment planning; and establish connections with individuals who were not previously known to the system. Service delivery begins with a comprehensive clinical assessment and includes individual and group services, care coordination, release and discharge planning, and warm handoffs to community-based providers or a return to a previous provider when applicable. Funding for these services is currently supported through the department's Mental Health Block Grant, demonstrating an effective approach to braiding funding streams in support of shared system goals. We continue to see reductions requests for assistance for safety cell, cell extractions, and administrative-segregation populations. Behavioral health staff from the full-service partnership and outpatient teams are visiting the jail multiple times a week to render services to individuals. Once an individual is in the jail or juvenile detention facility, they can request to be seen by Behavioral Staff.

Deputy Director Lindsey Lujan discussed the PATH readiness program. California became the first state in the nation to receive federal approval to offer a targeted set of Medicaid services to Medi-Cal-eligible youth and adults in state prisons, county jails, and youth correctional facilities for up to 90 days prior to release. Through a federal Medicaid 1115 demonstration waiver approved by the Centers for Medicare & Medicaid Services (CMS) counties became mandated to establish a coordinated community reentry process that will assist people leaving incarceration in connecting to the physical and behavioral health services they need prior to release and reentering their communities. Reduce post-release acute care utilization, such as emergency department visits and inpatient hospitalizations, and all-cause deaths among recently incarcerated Medicaid beneficiaries and individuals who would otherwise be eligible for CHIP if not for their incarceration status, through robust pre-release identification, stabilization, and management of certain serious physical and behavioral health conditions that may respond to ambulatory care and treatment (e.g., diabetes, heart failure, hypertension, schizophrenia, SUDs), as well as increased receipt of preventive and routine physical and behavioral health care. The initiative will help improve health outcomes and deliver care more efficiently. By providing pre-

release and reentry services to individuals who are incarcerated, DHCS aims to improve health outcomes and reduce health disparities. Pre-release services will be anchored in comprehensive care management and include physical and behavioral health clinical consultation, lab and radiology services, medication-assisted treatment (MAT), medications and medication administration, community health worker (CHW) services, and provision of medications and durable medical equipment (DME) upon release. For people receiving these services, a care manager will be assigned— either on-site in the carceral setting or via telehealth—to establish a relationship with the individual, understand their health needs, coordinate vital services, and plan for community transition, including connecting the individual to a community-based care manager they can work with upon their release.

Numerous planning meetings have occurred with both partners, i.e., Jail and JDF, guided by a consultant to develop the implementation plan. There is an extra layer of planning for JDF due to the various contracted counties required to participate in the pre-post release service structure. The PATH readiness program will be implemented in state October 2026.

7. BEHAVIORAL HEALTH STAFF REPORT

Jenn Guhl, BHSA Agency Program Manager provided an update on the Tuolumne County Age Friendly Action plan. This movement started with help from the local Blue Zones office and Area 12 Agency on Aging. Jenn Guhl has worked with Kristi Conforti from Blue Zones Project of Tuolumne to ensure there is a smooth transition once Behavioral Health will help implement the action plan. Behavioral Health will help continue the action going forward in July 2026. This action plan details the specific goals, strategic actions, and key steps the community will take to make measurable progress toward improving the lives of older adults and people with disabilities throughout Tuolumne County. The action plan will be funded through the Behavioral Health Services Act and anticipates expanding services for the populations in need in Tuolumne County. There are four goals that Behavioral Health and other local agencies want to focus on with this plan. They include access to health care services, expanded transportation options, communication, information & education, and building advocacy & awareness. The action plan will operate in a three (3) year timeframe, with the first cycle in July 2026 through June 2029 (fiscal years). This is a working document that will be updated for progress, revisions, changing conditions, funding, regulations, and other internal or external forces throughout the course of the project. The Age-Friendly Action Plan will be officially updated and submitted to the AARP Network of Age-Friendly States & Communities on a triennial basis.

Members of the advisory board requested to have information about the Age Friendly Action Plan sent to them for review. Ryan Kramer, administrative support to the Behavioral Health Advisory Board will distribute the action plan information to the board members.

No public comments

8. CONTINUED BUSINESS

Discussion of potential presenters for the Behavioral Health Advisory Board.

- The board discussed potential individuals who could present at upcoming meetings. Supervisor Campbell recommended having the Public Health Officer Dr. Kimberly Freeman present to the board. Maureen Woods has received Dr. Freeman's contact information and will reach out see if she can present to the board in May.
- Maureen Woods shared information about a federal grant the Tuolumne County Transit Council (TCTC) was awarded to help reduce DUIs and improve roadway safety. The board recommended speaking to Tamara Blankenship of the TCTC to see if she could present sometime in the summer about the ridership program and DUI prevention services.

Community member provided additional information that funding from federal grant received by the TCTC will be given to the Tuolumne County Sheriff Department for their DUI program as well. Community member stated that an upcoming Mother Lode Views program will focus on the award of federal grant money and how local agencies plan to fund various programs for DUI prevention and reduction.

10. BEHAVIORAL HEALTH ADVISORY BOARD MEMBERS' REPORTS:

- Jenn Salazar shared with members of the board some of the hardships she has faced in Tuolumne County over the years. She referenced that her perspective on the county has been shaped by these experiences. Supervisor Campbell complimented Jenn Salazar for sharing her story and experiences to fellow board members.
- Sherry Bradley provided a positive health update to the board and stated she intends to continue her involvement in the community.
- Sherry Bradley wanted to compliment the Behavioral Health Department for their actions in implementing the CARE court program in the community. Sherry cited a news segment she watched where Governor Newsome acknowledged Tuolumne County as one of the early implementers of this program in California.

11. NEXT MEETING

The next Tuolumne County Behavioral Health Advisory Board meeting is scheduled for Wednesday, April 1, 2026, at 4:00 pm.

12. ADJOURNMENT

The March 4, 2026, Behavioral Health Advisory Board meeting was adjourned at 5:27pm.