



Tuolumne County Behavioral Health Advisory Board (Minutes of the meeting of November 1, 2023)

FINAL

<u>2022 BHAB Membership</u>	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct 4	Oct 7 BHAB Retreat	Nov	Dec
Jaron Brandon - BOS	Meeting Cancelled	✓	Meeting Cancelled	✓	✓	✓	✓	E	A	✓	A	✓	
Anaiah Kirk – BOS Alt		E		E	E	E	E	E	E	E	E	E	
Mary Anne Schmidt, Chairperson		✓		E	✓	✓	✓	✓	✓	✓	✓	✓	
Sherry Bradley, Vice-Chairperson		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	
Cathie Peacock		-		-	-	-	✓	✓	✓	✓	✓	✓	
Elizabeth Marum		✓		✓	✓	V	E	E	E	E	✓	✓	
Jenn Salazar		✓		✓	✓	✓	✓	✓	✓	A	✓	✓	
Maureen Woods		✓		✓	✓	✓	✓	✓	E	✓	✓	✓	
Terry Ann Garcia		-		-	-	-	✓	✓	✓	✓	✓	✓	
Valerie Shuemake		✓		✓	✓	E	A	E	✓	✓	E	E	

Present = ✓ Absent = A Excused = E Virtual Attendance = V 9 MHAB Members, 1 BOS Alternate

<u>Tuolumne County Staff in Attendance</u>
Tami Mariscal, Director – Behavioral Health Department
Lindsey Lujan, Deputy Director – Behavioral Health Department
Pandora Armbruster, Administrative Assistant – Behavioral Health Department
<u>Others in Attendance</u>
Turu Vanderwiell, Chief - Sonora Police Department
Morgan Rain, Executive Director – LGBTQ+ Rural Resource Center
Marshall Romeo, community member and one other unidentified community member

1. CALL TO ORDER & ROLL CALL

Behavioral Health Advisory Board Chairperson, Mary Anne Schmidt, called the meeting to order at 4:05 pm. Eight members were present and accounted for at the time of roll call, completing a quorum for the Board. Behavioral Health Advisory Board members introduced themselves as roll call was taken. Those present were Supervisor Jaron Brandon, Mary Anne Schmidt, Sherry Bradley, Cathie Peacock, Elizabeth Marum, Jenn Salazar, Maureen Woods, and Terry Ann Garcia. Valerie Shuemake was excused from attending.

2. INTRODUCTIONS

Introductions were made by Tuolumne County staff in attendance, as follows: Tami Mariscal, Behavioral Health Director; Lindsey Lujan, Behavioral Health Deputy Director, and Pandora Armbruster – Administrative Technician, Behavioral Health Department.

Others present were Sonora Police Chief Turu Vanderwiel, Morgan Rain - LGBTQ+ Rural Resource Center Executive Director, and Marshall Romeo, community member.

3. CORRESPONDENCE

Mary Anne Schmidt shared that the annual invoice for California Behavioral Health Boards and Commission dues had been received. Pandora Armbruster informed the group that the invoice has been reviewed and approved by the Behavioral Health Director for payment.

4. AGENDA REVIEW PERIOD

Elizabeth Marum requested that an emergency agenda item be added to this meeting's agenda regarding policies, procedures and practices related to the possession of weapons on the Behavioral Health campus. After discussion by the group, it was determined that this addition was not a true emergency and would be referred to placement on December's agenda.

No suggestions to reorder existing items on the agenda were received.

5. PUBLIC COMMENT:

Members of the public may be heard on any item not on the Board's Agenda. A person addressing the Board will be limited to **three minutes**. Comments by members of the public on any item on the agenda will only be allowed during consideration of the item by the Board.

A community member shared that she had attended a recent meeting with law enforcement and other associated departments regarding AB109 concerns and inquired about policies concerning the removal of weapons from a household. The community member relayed that she was informed that there are policies in place to assure these safety measures are in place for those qualifying for out of custody mandatory supervision instead of prison.

6. CONSENT AGENDA

Pandora Armbruster requested that the draft minutes for the two October Meetings be pulled from the Consent Agenda and moved to the December Meeting.

Supervisor Jaron Brandon moved, and Maureen Woods seconded to pass all items (excluding the October Meeting Minutes) listed on the Consent Agenda. The motion to approve the Consent Agenda excluding the October Meeting Minutes passed.

(Ayes: 8 – Jaron Brandon, Mary Anne Schmidt, Sherry Bradley, Cathie Peacock, Elizabeth Marum, Jenn Salazar, Maureen Woods, and Terry Ann Garcia. Abstentions: 0 Nays: 0 Members Absent: 1 – Valerie Shuemake)

7. FUTURE AGENDA ITEMS

Mary Anne Schmidt reviewed the list of proposed future suggested agenda items with the group which was included in the agenda packet. She solicited additional suggestions for future agenda items.

Supervisor Brandon noted that he would like to see the "One Pill to Kill" presentation facilitated with Tuolumne County Sheriff Bill Pooley. Mary Anne informed Jaron that the item he is requesting is listed.

8. 2023 DATA NOTEBOOK REVIEW:

Sherry Bradley facilitated a review of the questions identified in the Data Notebook for the Advisory Board to review and provide their opinions. These questions and suggested answers were provided in the agenda packet.

Attendees discussed various topics elicited by Data Notebook questions. Terry Garcia expressed concern for kids being sexually abused while in Foster Care. Supervisor Brandon conveyed his concerns regarding comments received during the review of the MHSA 3-Year Plan. Lindsey Lujan assured the group that all comments are included in the final MHSA 3-Year Plan and Update.

A member of the public commented that she had attended the last two stakeholder events where she noted that no Advisory Board members were present. Those members of the community who did attend ate the food but left before the presentation. It was noted that more media advertising is needed to improve attendance at these public events.

A motion was made by Supervisor Brandon and seconded by Elizabeth Marum to approve submission of the 2023 Data Notebook survey answers inclusive of current suggested edits. The motion to approve passed.

(Ayes: 8 – Jaron Brandon, Mary Anne Schmidt, Sherry Bradley, Cathie Peacock, Elizabeth Marum, Jenn Salazar, Maureen Woods, and Terry Ann Garcia. Abstentions: 0 Nays: 0 Members Absent: 1 – Valerie Shuemake)

Once submitted, a copy of the completed 2023 Data notebook will be shared with Behavioral Health Advisory Board members by Pandora Armbruster.

9. UPDATE ON COMMUNITY MEETING ASSIGNMENTS AND REPORTING PROCESS:

After sharing a community meeting assignment list in the agenda packet, Mary Anne Schmidt requested feedback from members on how to best receive reports and information from those attending those community meetings. Members discussed different options and a decision was made to move to oral reporting from members for the next 3 months.

A suggestion was made to add the Care & Compassion Meeting to the list with Jenn Salazar and Cathie Peacock identified for attendance.

10. AD HOC COMMITTEES FOR OPIOID CRISIS, CONTRACT REVIEW PLANS, AND ANNUAL GOALS UPDATE

Mary Anne Schmidt brought this item forward to assist with the continuation of several BHAB projects.

A decision was made that no Ad Hoc for the Opioid Crisis is needed at this time.

Mary Anne identified herself and Cathie Peacock for an Ad Hoc on the BHAB's Contract Review process and identified herself and Elizabeth Marum to work as an Ad Hoc on the BHAB's update of their Annual Goals.

11. CA STATE DEPT. OF HOSPITALS STAKEHOLDER GRANT

Tami Mariscal, Behavioral Health Director, made a formal request of the Behavioral Health Advisory Board to support the Behavioral Health and Collaborative Stakeholder

Group focused on developing and implementing local solutions that reduce the number of individuals with serious mental illness arrested and incarcerated for behavior connected to their illness. Support can be provided by identifying a member to attend four meetings a year to assist with the group's goals. A copy of Tami's solicitation will be included within these minutes.

Terry Ann Garcia was identified to participate in the Behavioral Health & Collaborative Stakeholder Group.

12. TUOLUMNE COUNTY BOARD OF SUPERVISORS REPORT – Jaron Brandon, District 5 Supervisor

Supervisor Brandon requested feedback from attendees on Community Economic Resilience Fund (CERF) monies and proposed predevelopment projects focused on mental health. Feedback must be received by November 7, 2023.

13. BEHAVIORAL HEALTH DIRECTOR's REPORT – Tami Mariscal, Behavioral Health Director

Tami Mariscal provided details of the Homeless Outreach Services Team (HOST) with Sonora Police Chief Turu Vanderwiel. A summary of their report follows:

The HOST team concept was established in early 2022 by Chief Vanderwiel. The creation of this team was driven by the city's desire to initiate non-call related outreach to specific individuals' peace officers encounter more often than most. The outreach plan was inspired and modeled after an existing program he learned about in Jackson, California.

With the least bureaucracy possible, the teams' goal is to get boots on the ground, providing resources, connecting with available services and to obtain potential shelter through partner programs. Upon referral, respective partners programming and data collection would track/ follow the person referred.

Simple Strategies:

- If "Top-Five" are not contacted, the team improvises and contacts several subjects in the community at known hangouts.
- Initial team members: PD, BH, SS/Homeless outreach, Fire
- Officers are plain clothed to assist in gaining trust
- Once a month
- Locations: city limits, Rotary Park, Coffle Park, City Hall, the Lot behind Library/Senior Center, Rite Aid, Justice Camp, Court House Park, Camp Another Day and anywhere an individual of concern is known to visit/ reside.
- Arrive offering resources, e.g., water, fire extinguishers, blankets, rabies vaccination vouchers, Narcan.
- Debriefing

Partners and growing:

Sonora PD

Fire

ATCAA

One Pile at a Time

Behavioral Health

Mathiesen Memorial Health Clinic

Resiliency Village

DSS (Remotely)

06/2023 Outreach Outcomes:

Homeless Served (contacts) - Today = 7 (CY 2022 - 57 total)

Refused Services –0

Referrals / Connected to Services – 7

Sheltered - Today= 0 (5 total) *One pending

Permanently Housed - 0/Unknown

#Contributions (Water/supplies) – 4 bottles of water, a writing pen, and Narcan

Current: October 13, 2023, deployed from the Sonora City Hall Conference Room.
HOST

located **1** of the Top Five clients and learned that one other client's situation had stabilized.

Sixteen people were contacted, including one youth. Three Contact/HMIS entry forms were completed. The team provided bottled water, Narcan, a blanket, and a rabies vaccination voucher to those in need.

10/2023 Outreach Outcomes:

Homeless Served (contacts) – **_16_ (CY 2023 106 total)**

Refused Services – **4** (not interested, refused, avoided)

Referrals / Connected to Services – **6**

Sheltered/Housed - **0** (1 will call Monday to check if rooms are available)

#Contributions/distributions: **3** bottles of water, **3** Narcan, **0** fire extinguishers,

#Other: **1** Blanket , **1** rabies vaccination voucher

Success story about a client established during the December 2022 outreach; At the time, he was several years homeless with substance abuse issues. Although not on the Top-5 list, the team contacted him that day and convinced him to pour out his alcohol. He also agreed to follow up interactions with various factions within the HOST network. Since then, he has become sheltered, has a job, and his license is reinstated. He now has his own car after six years of being unlicensed.

Recommendations for Future Details:

Reach out to high school/college for a list of youth believed to be homeless

Reach out to JDF and high schools for a list of youth believed to be homeless

14. BEHAVIORAL HEALTH STAFF REPORTS:

Tami Mariscal shared that effective January 2024, there will be 2 offices located at the Tuolumne County Resilience Center and 1 shared space at the Groveland Resilience Center where Behavioral Health staff will be able to engage the community in MHSA outreach and engagement efforts, as well as mental health service delivery. Staff are ramping up preparations in utilizing these spaces.

15. BEHAVIORAL HEALTH ADVISORY BOARD MEMBERS' REPORTS & COMMUNITY MEETING REPORTS:

Two written reports were included within the agenda packet and will be included within these minutes.

Jenn Salazar reported that surveys continue to be presented to community members through Resiliency Village. Approximately 70 surveys have been received so far. ACES tests are part of the interaction. Several reasons have been relayed through these surveys explaining why people have become unhoused. Financial impacts and health concerns continue to impact the unhoused who come from many varied occupations and backgrounds.

16. ANNOUNCEMENTS

Cathie Peacock informed attendees of several upcoming events.

- On Wednesday, November 8 , 2023, the “Not My Kid” Event will be held from 5 pm - 8 pm at Sierra Bible Church.
- On November 16, there will be a Homeless Resource Event held at the Enrichment Center from 12 to 2 pm.
- Area 12 Agency on Aging is conducting surveys and compiling the results. One of the questions on the survey is directly related to the state of mental health services within Tuolumne County.
- The Centenarian Event for those 90 years of age or older will be held at the Senior Center on December 7th. If you know of a senior that meets the age requirements, please reach out to Cathie Peacock so that they can be included in this fun event.

17. ADJOURNMENT

The November 1, 2023, Behavioral Health Advisory Board meeting was adjourned at 6:30 pm.

The next regular Tuolumne County Behavioral Health Advisory Board meeting is scheduled for December 6, 2023, at 4:00 pm at the Tuolumne County Behavioral Health Enrichment Center, 101 Hospital Road, Sonora, CA 95370. Detailed meeting information will be provided on the December 2023 Agenda.