



Tuolumne County Behavioral Health Advisory Board

(Minutes of the meeting of September 6, 2023)

FINAL

<u>2022 BHAB Membership</u>	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Jaron Brandon - BOS	Meeting Cancelled	✓	Meeting Cancelled	✓	✓	✓	✓	E	A			
Anaiah Kirk – BOS Alt		E		E	E	E	E	E	E			
Mary Anne Schmidt, Chairperson		✓		E	✓	✓	✓	✓	✓			
Sherry Bradley, Vice-Chairperson		✓		✓	✓	✓	✓	✓	✓			
Cathie Peacock		-		-	-	-	✓	✓	✓			
Elizabeth Marum		✓		✓	✓	V	E	E	E			
Jenn Salazar		✓		✓	✓	✓	✓	✓	✓			
Maureen Woods		✓		✓	✓	✓	✓	✓	E			
Terry Ann Garcia		-		-	-	-	✓	✓	✓			
Valerie Shuemake		✓		✓	✓	E	A	E	✓			

Present = ✓ Absent = A Excused = E Virtual Attendance = V 9 MHAB Members, 1 BOS Alternate

<u>Tuolumne County Staff in Attendance</u>
Chris Schmidt, Deputy County Counsel
Jenn Guhl, MHSA Agency Manager – Behavioral Health Department
Amanda Lawrance, QM Staff Services Analyst – Behavioral Health Department
Evan Hammond, MHSA Program Specialist – Behavioral Health Department
Pandora Armbruster, Administrative Assistant – Behavioral Health Department
<u>Others in Attendance</u>
Morgan Rain, Director – LGBTQ+ Rural Resource Center
Community Member

1. CALL TO ORDER

- Behavioral Health Advisory Board Chairperson, Mary Anne Schmidt, called the meeting to order at 4:03 pm. Five of nine members were present and accounted for at the time of roll call, completing a quorum for the Board. Behavioral Health Advisory Board members introduced themselves as roll call was taken. Those present were Mary Anne Schmidt, Sherry Bradley, Cathie Peacock, Jenn Salazar, and Terry Ann Garcia. Supervisor Jaron Brandon, Elizabeth Marum, Maureen Woods, and Valerie Shuemake were not yet in attendance.

2. INTRODUCTIONS

Introductions were made by Tuolumne County staff in attendance, as follows: Chris Schmidt, Deputy County Counsel; Jenn Guhl – MHSA Agency Manager, Behavioral Health Department; Amanda Lawrance, QM Staff Services Analyst - Behavioral Health Department; Evan Hammond, MHSA Program Specialist –

Behavioral Health Department; and Pandora Armbruster – Administrative Technician, Behavioral Health Department.

Morgan Rain – Director, LGBTQ+ Rural Resource Center, and a member of the community introduced herself.

One other community member was in attendance but chose not to introduce themselves.

3. CORRESPONDENCE

Pandora Armbruster reported that the 2023 Data Notebook had been received and the review process would be started by Behavioral Health staff to provide any needed statistics prior to the next meeting. The deadline for this years' Data Notebook is November 30, 2023, so only two meetings would be available to the board to complete it before the submission date.

4. AGENDA REVIEW PERIOD

There were no suggested changes to the order of agenda items.

5. PUBLIC COMMENT:

Members of the public may be heard on any item not on the Board's Agenda. A person addressing the Board will be limited to **three minutes**. Comments by members of the public on any item on the agenda will only be allowed during consideration of the item by the Board.

A community member shared that a resolution honoring Suicide Prevention Month was made by the Board of Supervisors at yesterday's meeting. She felt that the number of suicides reported through Public Health Officer, Dr. Kim Freeman's, presentation to the Board of Supervisors was more accurate than those shared in the past. She also reported that a family member had expressed concern to her regarding the new 988 Suicide Hot Line as calls are not answered locally. This created issues in trying to get the help they needed.

Morgan Rain, Executive Director – LGBTQ+ Rural Resource Center, shared a flyer and information with the group regarding the Be Well Warm Line which offers help to those in need and is operated locally.

6. CONSENT AGENDA

The Consent Agenda contained:

- Draft Minutes of the August 2, 2023, Meeting.

Sherry Bradley moved, and Terry Ann Garcia seconded to approve the Consent Agenda item as presented. The motion to approve the August 2, 2023, Draft Minutes as presented on the Consent Agenda passed.

(Ayes: 5 – Mary Anne Schmidt, Sherry Bradley, Jenn Salazar, Cathie Peacock, and Terry Ann Garcia. Abstentions: 0 Nays: 0 Members Absent: 4 – Jaron Brandon, Elizabeth Marum, Maureen Woods, and Valerie Shuemake.)

7. BEHAVIORAL HEALTH ADVISORY BOARD MEETING LOCATION

The group discussed concerns surrounding the current location of the monthly Behavioral Health Advisory Board Meetings. Parking, sound quality, bus service and other issues were identified. As no other location is readily available on the scheduled dates and times that can support the required technology of these

meetings, this topic may be revisited once the Tuolumne County Committee and Commission Meeting Room is available for reservation.

8. SPEAKER SERIES PRESENTATION UPDATE

A list of proposed questions for Dr. Kim Freeman was presented to the group by Board Chair, Mary Anne Schmidt. The group provided feedback and Mary Anne requested that members share any additional suggestions with Pandora Armbruster, Behavioral Health Staff Support, via email so that a list of questions can be compiled by the Chair before the meeting.

9. BEHAVIORAL HEALTH ADVISORY BOARD BYLAWS

Mary Anne Schmidt presented the Ad-hoc Committee's second draft of the bylaws which included County Counsel's recommendations and edits. Valerie Shuemaker, Behavioral Health Advisory Board Member, arrived at 4:28 pm.

The group discussed the proposed changes and posed questions to Chris Schmidt, County Counsel, regarding the difference between ad hoc committees, standing committees, and work groups. County Counsel clarified the importance of the availability of County staff to provide meeting support to assure technology and other Brown Act considerations are met.

Valerie Shuemaker moved, and Sherry Bradley seconded to move the Draft Bylaws, as presented, forward to the Board of Supervisors for review and approval.

A community member commented that they feel that the size of the county does not warrant the formation of multiple Ad hoc and Standing Committees as many much larger counties may need.

The motion passed.

(Ayes: 5 – Mary Anne Schmidt, Sherry Bradley, Jenn Salazar, Terry Ann Garcia, and Valerie Shuemaker. Abstentions: 0 Nays: 1 – Cathie Peacock Members Absent: 3 – Jaron Brandon, Elizabeth Marum, and Maureen Woods.)

10. BEHAVIORAL HEALTH ADVISORY BOARD ANNUAL REPORT TO THE BOARD OF SUPERVISORS

58:43 Mary Anne Schmidt shared that the Annual Report is still in draft form and due to information received from Tami Mariscal, Behavioral Health Director, the focus of the proposed recommendations from the Behavioral Health Advisory Board to the Board of Supervisors have shifted. As a result of that information, the previous recommendation to support the construction of a mental health facility within the county is no longer feasible due to the ongoing cost of supporting such, especially due to the low number of clients who would utilize it and the different levels of care that may be required by them.

The group discussed several additional items that were suggested for inclusion in the report. Some items identified were improved recruitment to address challenges in filling clinical positions and the effect a housing shortage may play in filling those positions. Valerie volunteered to gather more information on workforce housing to share with the group.

The Annual Report will be updated to reflect those suggestions and changes as appropriate. The draft Annual Report to the Board of Supervisors will be brought

back at the next meeting for final review and approval before presentation to the Board of Supervisors on October 17, 2023.

A member of the community pointed out that the Behavioral Health Advisory Board needs to choose recommendations that can be implemented and accomplished within the county. They feel that the recommendations discussed are too broad to implement or effect change within this small county. They suggested supporting other the counter availability of Naloxone (Narcan). Also suggested for recommendation were more public sharps disposal locations for those who use injectables, as well as public education surrounding these issues. The community member expressed her appreciation of this draft annual report and felt that it was very well written. They encouraged the BHAB and the public to attend the Board of Supervisors Meeting when it is scheduled to be presented.

The chair will send more information out to county staff support to request additional feedback from the Behavioral Health Advisory Board members before the next meeting.

11. SITE VISITATIONS BY THE BEHAVIORAL HEALTH ADVISORY BOARD

Sherry Bradley noted that needed changes to the form had been identified by the Ad hoc Committee and input from the Behavioral Health Director. Changes would include requesting policies, procedures, and information pertinent to the identified site prior to the visit. These changes will be presented at a future meeting for formal approval by the Behavioral Health Advisory Board.

Sherry Bradley relayed that there is an upcoming site visit scheduled for Monday, September 25, 2023, for the Enrichment Center and the Lambert Drop-In Center. The visit is scheduled for 10:30 am to 11:30 am at the Enrichment Center and then from 12:30 pm to 1:30 pm, allowing an hour for lunch. Volunteers from the Site Visit were identified as Mary Anne Schmidt and Sherry Bradley, with possibly Supervisor Brandon as a third participant.

12. BEHAVIORAL HEALTH ADVISORY BOARD RETREAT

The Chair went over the proposed topics and a tentative schedule for the Behavioral Health Advisory Board Retreat. The date proposed for the retreat is Saturday, October 7, 2023, at the Tuolumne County Resilience Center. A full day, split into two sessions, may be scheduled with a brown bag lunch in between those sessions.

Mary Anne shared that Teresa Comstock, Executive Director, California Behavioral Health Boards and Commissions, agreed to attend, and assist with the contract review process.

Some of the topics identified were: How to be a member of the Behavioral Health Advisory Board, how to review Behavioral Health contracts, A review of the Behavioral Health Advisory Board survey, and Behavioral Health Advisory Board goal-setting for the year.

More information will be distributed, and feedback solicited, from the Behavioral Health Advisory Board membership by staff support.

13. BEHAVIORAL HEALTH CONTRACTS

The group discussed the process involved in Behavioral Health Advisory Board's role in reviewing department contracts. Two contracts were shared with the group

for their review so that knowledge of the process and an understanding of the scope of practice can be gained. Members were asked to review these documents and bring back questions to the Behavioral Health Advisory Board Retreat.

14. TUOLUMNE COUNTY BOARD OF SUPERVISORS REPORT: Jaron Brandon,
District 5 Supervisor

This item was postponed to October's meeting as Supervisor Brandon was not available to report.

15. BEHAVIORAL HEALTH DIRECTOR'S REPORT: Tami Mariscal, Director

This item was postponed to October's meeting as Behavioral Health Director, Tami Mariscal, was not available to report.

16. BEHAVIORAL HEALTH STAFF MEMBER REPORTS

No staff reports were available to be shared at this month's meeting.

17. BEHAVIORAL HEALTH ADVISORY BOARD MEMBERS' REPORTS

Sherry Bradley attended the most recent Quality Improvement Council Meeting. Her report was contained within the September 6, 2023, BHAB Agenda packet.

Jenn Salazar shared information gained through the unsheltered surveys she is working on. She has not discovered any proof that the rise in the unsheltered population is due to available resources here in Tuolumne County. Some of the population that she has met with are veterans with untreated mental health issues. The Compassion Outreach group has continued their efforts in assisting with fire clearance and trash pickup at identified homeless encampments.

The group discussed ongoing homeless issues and concerns and the potential services available but not currently being utilized.

18. ANNOUNCEMENTS:

Cathie Peacock announced that the Area 12 Agency on Aging is currently conducting their annual senior survey to assist in constructing their 4-year plan. One of the questions on this survey inquires how people feel about local mental health services. Most surveys received so far have indicated that these services need improvement. Surveys can still be found at the public library and the Senior Center.

Valerie Shuemaker shared information on an upcoming free Two-Day Healthcare/Foot Clinic sponsored by Adventist Health which will be held at the Seventh-day Adventist Church on September 16 and 17, 2023, from 7 am to 2 pm. Valerie will send a flyer to County staff support to be shared with the Behavioral Health Advisory Board.

A community member relayed that Calaveras County Collaboration is sponsoring a Recovery Event at Mark Twain Hospital on Saturday, September 9, 2023, from 11 am to 2 pm. Also, at the last NAMI meeting in August, the Regional NAMI Director spoke to attendees. She is younger and active and would like to connect to do more outreach within the community. And finally, that NAMI will be meeting on September 14, 2023 @ 6:00 pm at the Red Church. The meeting will be a potluck event and the scheduled speaker will be Glenda Taylor.

19. FUTURE AGENDA ITEMS:

No additional items not already identified within the meeting were shared.

20. ADJOURNMENT

The September 6, 2023, Behavioral Health Advisory Board meeting was adjourned at 6:06 pm.

The next Tuolumne County Behavioral Health Advisory Board meeting is scheduled for October 4, 2023, at 4:00 pm at the Tuolumne County Behavioral Health Enrichment Center, 105 Hospital Road, Sonora, CA 95370. Detailed meeting information will be provided on the October 2023 Agenda.

DRAFT