



Tuolumne County Behavioral Health Advisory Board

(Minutes of the meeting of August 2, 2023)

FINAL

<u>2022 BHAB Membership</u>	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Jaron Brandon - BOS	Meeting Cancelled	✓	Meeting Cancelled	✓	✓	✓	✓	E				
Anaiah Kirk – BOS Alt		E		E	E	E	E	E				
Mary Anne Schmidt, Chairperson		✓		E	✓	✓	✓	✓				
Sherry Bradley, Vice-Chairperson		✓		✓	✓	✓	✓	✓				
Cathie Peacock		-		-	-	-	✓	✓				
Elizabeth Marum		✓		✓	✓	V	E	E				
Jenn Salazar		✓		✓	✓	✓	✓	✓				
Maureen Woods		✓		✓	✓	✓	✓	✓				
Terry Ann Garcia		-		-	-	-	✓	✓				
Valerie Shuemaker		✓		✓	✓	E	A	E				

Present = ✓ Absent = A Excused = E Virtual Attendance = V 9 MHAB Members, 1 BOS Alternate

<u>Tuolumne County Staff in Attendance</u>
Tami Mariscal, Director – Behavioral Health Department
Lindsey Lujan, Deputy Director – Behavioral Health Department
Dore Bietz, Director – Office of Emergency Operations
Anna Fagioli, Admin Analyst – Office of Emergency Operations
Jenn Guhl, MHSA Agency Manager – Behavioral Health Department
Pandora Armbruster, Administrative Assistant – Behavioral Health Department
<u>Others in Attendance</u>
Morgan Rain, Director – LGBTQ+ Rural Resource Center
Community Member

1. CALL TO ORDER

- Behavioral Health Advisory Board Chairperson, Mary Anne Schmidt, called the meeting to order at 4:05 pm. Six of nine members were present and accounted for at the time of roll call, completing a quorum for the Board. Behavioral Health Advisory Board members introduced themselves as roll call was taken. Those present were Mary Anne Schmidt, Sherry Bradley, Cathie Peacock, Jenn Salazar, Maureen Woods, and Terry Ann Garcia. Supervisor Jaron Brandon, Elizabeth Marum, and Valerie Shuemaker were not in attendance.

2. INTRODUCTIONS

Introductions were made by Tuolumne County staff in attendance, as follows: Tami Mariscal – Director, Behavioral Health Department; Lindsey Lujan – Deputy Director, Behavioral Health Department; Jenn Guhl – MHSA Agency Manager, Behavioral Health Department; Dore Bietz – Director, Office of Emergency Services; Anna

Fagioli – Admin Analyst, Office of Emergency Services; and Pandora Armbruster – Administrative Technician, Behavioral Health Department.

Morgan Rain – Director, LGBTQ+ Rural Resource Center introduced herself.

One other community member was in attendance but chose not to introduce themselves.

3. CORRESPONDENCE

Pandora Armbruster reported that Valerie Shuemake had emailed her intention to reapply for reappointment to her position on the Behavioral Health Advisory Board. An electronic application was received. Behavioral Health Advisory Board members accepted the application and requested it be sent to the Board of Supervisors with a recommendation for reappointment.

4. AGENDA REVIEW PERIOD

There were no suggested changes to the order of agenda items.

5. PUBLIC COMMENT:

Members of the public may be heard on any item not on the Board's Agenda. A person addressing the Board will be limited to **three minutes**. Comments by members of the public on any item on the agenda will only be allowed during consideration of the item by the Board.

No comments shared.

6. CONSENT AGENDA

The Consent Agenda contained:

- Draft Minutes of the July 12, 2023, Meeting.

Cathie Peacock moved, and Terry Ann Garcia seconded to approve the Consent Agenda item as presented. The motion to approve the July 12, 2023, Draft Minutes as presented on the Consent Agenda passed.

(Ayes: 6 – Mary Anne Schmidt, Sherry Bradley, Jenn Salazar, Maureen Woods, Cathie Peacock, and Terry Ann Garcia. Abstentions: 0 Nays: 0 Members Absent: 3 – Jaron Brandon, Elizabeth Marum and Valerie Shuemake.)

7. EMERGENCY OPERATIONS PLAN (EOP) FOR TUOLUMNE COUNTY

Dore Bietz, Director – Tuolumne County Office of Emergency Services presented an overview of the County's draft Emergency Operations Plan.

Ms. Bietz detailed the importance and necessity of preparing for potential emergencies before they occur. She explained that this "living document" will be kept updated in an ongoing manner as needs arise or are identified. All stakeholder feedback is needed to assure the most accurate and complete plan is in place before going to the Board of Supervisors for final approval. She has requested that comments on the plan be sent to her no later than August 8, 2023. A copy of this document is included as a part of these minutes.

The group asked several questions of Dore and discussed their experiences in working with this type of emergency preparation plan. Maureen Woods, Terry Garcia, and Mary Anne Schmidt will be following up with Dore to learn more.

8. BEHAVIORAL HEALTH ADVISORY BOARD BYLAWS

This item will be reviewed at the next meeting as County Counsel has not yet provided suggestions or approval to edits proposed by the Behavioral Health Advisory Board.

9. BEHAVIORAL HEALTH ADVISORY BOARD ANNUAL REPORT

Mary Anne Schmidt presented the Ad-hoc Committee's second draft which included suggestions and comments received from the group at last month's meeting. A copy of that draft is included within these minutes.

At this time, the annual report is tentatively scheduled for presentation to the Board of Supervisors on September 29, 2023. The group discussed including additional highlights of the Behavioral Health Department's accomplishments, inserting a URL for the website and other small grammatical edits. The report will also include member bios and pictures and it was noted that Cathie Peacock's and Terry Garcia's information was still needed. The group discussed the size of the report and the importance of developing a PowerPoint presentation before bringing before the Board of Supervisors. The final Behavioral Health Advisory Board Annual Report will need to be submitted to the Behavioral Health Department no later than September 1 to meet the Board Clerk's submission timelines.

Mary Anne will work with the Behavioral Health Director to gain more information on each topic identified in the "Needs and Performance of County Mental Health System" section shared with the group.

Tami Mariscal relayed that she would share a list of the department's progress and details of these subjects with the Chair for inclusion in the Annual Report.

The Ad-hoc committee will meet again and bring this item back for further review by the Board.

10. SITE VISITATIONS

An oral report of the results of the Site Visit Ad hoc review of the Behavioral Health Clinic located at 105 Hospital Rd., Sonoma, CA, on Monday, July 17, 2023, from 2:00 pm to 4:00 pm was delivered to the group by Sherry Bradley. Participating members were Sherry Bradley as lead, Maureen Woods, and Cathie Peacock. A written summary of the oral report will be shared at next month's regular Advisory Board meeting.

Areas toured during this visit were Crisis Access and Intervention Program (CAIP), Outpatient Services (OPS), and the Substance Use Disorder (SUD) Treatment Program and an overview of those clinic services was provided.

Some of the overall findings included: A wide variety of services are available onsite; there is only one psychiatrist on site part time although telehealth services are readily available; medication services are delivered on site; and the overall wait time for assessments has decreased.

Even though space constraints were concerning and the clinic itself was a maze, they have been able to carve out space for the new grant funded Crisis Mobilization Unit (CMU). It is apparent that the department is very proud of their team. Data collection efforts are great. The results of the External Quality Review Organization (EQRO) Report for FY 20-21 shows that Tuolumne County Behavioral Health meets

required service delivery mandates better than other counties of the same size. Many contracts are managed which is a huge lift for administrative staff.

Some of the limitations identified were: Not enough physical space and no room for expansion; the clinic itself is like a labyrinth; increased staffing needs (high vacancy rates and recruitment efforts are ongoing).

Some of the recommendations noted were Advocate for additional space; and increase recruitment efforts to fill vacancies.

It was noted that the forms used for the site visit evaluation process need changes.

A member of the public suggested that a more succinct report be brought before the Board of Supervisors or possibly included in the Annual Report. She was concerned about the lack of signs outside of the Behavioral Health campus and felt that this also needs to be addressed.

Cathie Peacock thanked Tami Mariscal for her perseverance and strength in maintaining the department's service delivery outcomes.

The next Site Visit will be held at the Enrichment Center and Lambert Drop-In Center on Monday, September 25, 2023, from 10:30 am to 1:30 pm with a lunch break between reviewed sites. Jenn Guhl, MHSA Agency Manager and Misti Ambler, Deputy Director Operations will assist the reviewers with their tour.

11. BEHAVIORAL HEALTH ADVISORY BOARD ANNUAL EVALUATION SURVEY RESULTS

A summary report of the surveys received from Advisory Members was reviewed and discussed. Areas and issues identified will be addressed further at a future meeting. A **copy of those reported results** is included within these minutes.

12. BEHAVIORAL HEALTH ADVISORY BOARD RETREAT

Details and suggestions were shared and discussed regarding the planning of the Advisory Board Retreat. Planning efforts are moving forward for a Saturday, October 7, 2023, date at the Tuolumne County Resilience Center. As reservations are confirmed, more details will be shared at the next meeting.

A member of the public noted that there is no public transportation available to attend this retreat if held on a Saturday.

13. MHSA UPDATE ON SUGGESTIONS TO THE 3-YEAR PLAN

Questions were raised about what comments are included in the MHSA 3-Year Plan. The group was informed that all comments, concerns, and questions received during the open comment period are incorporated into the MHSA 3-Year Plan before presentation to the Board of Supervisors. The final plan always includes the department's response to each inquiry. Once presentation and approved in final form by the Board of Supervisors it is posted on the department's website. Comments start on this year's plan on page 169.

14. BEHAVIORAL HEALTH CONTRACTS

The group discussed the process involved in Behavioral Health Advisory Board's role in reviewing department contracts. Three approved contracts will be shared with the Behavioral Health Advisory Board to review before next month's meeting so

that knowledge of the process and an understanding of the scope of practice can be gained. Members are asked to review these documents and bring back questions to next month's meeting.

15. TUOLUMNE COUNTY BOARD OF SUPERVISORS REPORT: Jaron Brandon,
District 5 Supervisor

This item was postponed to September's meeting as Supervisor Brandon was not available to report.

16. BEHAVIORAL HEALTH DIRECTOR'S REPORT: Tami Mariscal, Director

Tami Mariscal, Director, Tuolumne County Behavioral Health, provided a written report updating the group on current developments and strategies to meet mandated changes and new program needs. Staffing updates were also shared. A **copy of her report** is included within these minutes.

17. BEHAVIORAL HEALTH ADVISORY BOARD MEMBER'S REPORTS:

Various written reports were submitted and delivered within the agenda packet. A **copy of those written reports** will be included within these minutes.

Additionally, Jennifer Salazar relayed information on her participation in gaining information through surveys of the unsheltered population. She shared preliminary numbers and data. More information will be shared as these numbers are finalized.

Cathie Peacock, BHAB member, informed the group that she attended the Black, Indigenous, People of Color (BIPOC) webinar recently sponsored by Jenn Guhl, MHSA Agency Manager. She felt that the webinar was interesting and informing.

Cathie also participated in last month's NAMI meeting which she noted had a great atmosphere, good speaker, and great participation even though not that well attended.

18. ANNOUNCEMENTS:

Mary Anne Schmidt announced that the October 4, 2023, Behavioral Health Advisory Board Meeting will host Dr. Kim Freeman, Public Health Officer who will report on the Opioid Crisis in Tuolumne County and the County's response to that concern. She solicited members input on selecting questions to pose to Dr. Freeman on this topic.

Jennifer Guhl, Mental Health Services Act Agency Manager, announced that Tuolumne County Behavioral Health will be partnering with Morgan Rain, Executive Director of the LGBTQ+ Rural Resource Center by sharing office space at the Enrichment Center.

A community member shared that the Homeless Commission will be meeting on August 10, 2023 @ 5:30 pm in the Board of Supervisors Chamber and NAMI will be holding their meeting on the same date at 6:00 pm at the Red Church.

19. FUTURE AGENDA ITEMS:

No items that were not already identified within the meeting were shared.

20. ADJOURNMENT

The August 2, 2023, Behavioral Health Advisory Board meeting was adjourned at 6:55 pm.

The next Tuolumne County Behavioral Health Advisory Board meeting is scheduled for September 6, 2023, at 4:00 pm at the Tuolumne County Behavioral Health Enrichment Center, 105 Hospital Road, Sonora, CA 95370. Detailed meeting information will be provided on the September 2023 Agenda.

DRAFT